



## The Farmworker Women's Reproductive Health Workshop

**The Farmworker Association of Florida**, a statewide grassroots organization, has been working for over 30 years to empower farmworkers and rural, low-income communities to respond to, and gain control over, the social, political, economic, workplace, health and environmental justice issues that impact their lives.

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## *La Salud Prenatal para las Trabajadoras Agrícolas*

**A workshop designed and based on the experience of farmworkers in Florida to empower and improve the health and safety of farmworker women**

**The Farmworker Women's Reproductive Health Workshop is an interactive, popular-education method of empowering women to protect their health, prevent risks at their workplace, and improve the health of their families at home. The curriculum is conducted in Spanish and it consists of a multi-media presentation, interaction between participants, fun group activities, and more!**



## Goals of this Project

- ✓ Improve reproductive health and pregnancy outcomes among farmworker and minority women in high risk communities
- ✓ Develop leadership skills among farmworker women
- ✓ Promote healthy choices among mothers, children, families, and communities

## Why Is This Workshop Important for You?

**Due to the nature of the agricultural work environment in Florida, with extremely high temperatures during the summer and a long growing season, farmworker women of reproductive age are at higher risk of exposure to occupational dangers. This workshop will help farmworker women reduce the health risks associated with heat stress, physical strain, and exposure to toxic pesticides! Knowledge is power... IT IS YOUR RIGHT TO KNOW!**

This interactive workshop is the result of a four-year collaborative research project between the Farmworker Association of Florida, Emory University, and the Farmworker Health and Safety Institute. It is designed to improve the reproductive health and birth outcomes of farmworker women in Florida.

